



**INFORMATION AND
IMPLEMENTATION REQUIREMENTS'
PROPOSAL**



Executive Summary

Options Foundation was established in 2018 to support women through various streams. The five founding directors had a vision to provide disenfranchised women with options to take control of their decisions and their lives. The four streams that the Options Foundation support:-

Stream 1: Information brokerage

Stream 2: Education and Development of young women

Stream 3: Safe zone

Stream 4: Development of a rural economy

Introduction

Options Foundation was created as a huge need was identified in the market to support women. The vision of the Options Foundation is to bring hope to disenfranchised woman by providing them with options. The foundation is built on the drive from the founding directors to give back with their time, expertise and passion.

Morongwa Abrina Moshole has over 10 years' and 5 years' experience in the Accounting and HR sphere, respectively. Her passion for outreach stems from losing her father at an early age of 11 years and being raised together with her 2 siblings by a phenomenal single mother. Through countless extremely challenging circumstances, her mom demonstrated tenacity, strength, resilience, vulnerability and mostly GENEROSITY. As a result, Abrina believes that regardless of the circumstances we may find ourselves in, we are all blessed to be a blessing – we all have something to offer to someone else. *Motho ke motho ka batho* (I am, because you are). Her life purpose is to Educate, Empower and Inspire anyone she interacts with.

Kitty Narraidu has several years of experience as a business owner with a demonstrated history of working in the Security and Hospitality industry. Her passion for helping others stems from growing up in an environment where her parents were always assisting those who were in need, be it education, a place to stay or a meal. Kitty considers each opportunity to assist another person a blessing, as it gives her an immense sense of gratification.

Ulrike Schöttler has been a Career- & Life Coach for the past 10 years. She is currently involved in the facilitation of Life-skills for young people from Zandspruit, Soweto and Riverlea. Her passion stems from originally being involved with a Youth Project in Diepsloot.



Heidi Thompson's exposure to outreach, development and upliftment started in 1994 when she worked in various rural communities, facilitating community projects. Late 90's she was involved with Unisa to develop training material and then to train the community development facilitators working in rural areas. Heidi project' exposure related to implementation of upgraded sewerage works, road building, building of a community centre, building of a school, job creation and economy building and creating engagement between various resources to create more stable community environments. Heidi is passionate about creating an opportunity to be the best you can be and to have hope in an improved future.

Claudette Vianello is passionate about upliftment. Her related experience includes various corporate social responsibility initiatives in and around the Lanseria airport area. She has a heart for women and their development. The skills she brings to Options includes strong project management and partner engagement. Her community development experience has been gained over the past 12 years. Claudette is currently preparing for her cycle ride of 850km in support of raising funds for education in South Africa.

Options Foundation is a registered non-profit company.



Stream 1: Information brokerage

The objective is to provide information to women who are trapped in a relationship, whether suffering from physical, and/or emotional abuse and anything in between.

By providing women with relevant information they are in a more informed position to make decisions about their lives and their children. The information pertains to the following services –

- appropriate and safe accommodation
- assistance with finding employment
- coaching
- criminal lawyers
- family mediation/lawyers
- financial planning
- healthcare services
- psychologists
- social workers

Support will be provided to the women in the form of telephonic or face-to-face discussion with a trained relationship manager. The managers will provide information and guidance to facilitate contact with the appropriate service providers.

Requirements:

It is expensive to run this service as it requires 24-hour telephone, email and office support. Depending on the funds available, the intention is also to allocate an amount towards the fees of the professional services listed, especially for a first consultative visit.

You can get involved by either volunteering time or by donating funds.

Stream 2: Education and Development of young women

The education and development of young women is intended to provide skills to help them make decisions regarding themselves and their future - to be the best they can be! The programme will cover areas such as health, self-development, financial wellbeing and emotional resilience. The outcome will be to have empowered women who are financially and mentally capable and who believes in herself. Further development could be an option for these young women to be trained in flying drones.

Requirements:

Funding is needed for the venue, payment of facilitators and material, and compliance with SETA accreditation. This programme is available immediately.

You can get involved by either providing a venue, facilitators or by donating funds.



Stream 3: Safe Zone

The aim of this stream is to create a safe zone for women with children who have just lost their employment. The intention is to provide them with a safe period of not more than three (3) months to get back on their feet, and this means that they should not lose their accommodation, and it should not affect their children. This is geared towards vulnerable women. Participation in this stream will provide a roof, school fees and food within set and established limits for the prescribed time. Medical assistance will possibly be included.

Requirements:

This stream is very dependent on financial support, as it will pay for safe accommodation, school fees and limited groceries. The hiring of a social worker is key to this programme's success. This programme is available immediately.

You can get involved by providing funding.

Stream 4: Development of a Rural Area

The upliftment of a rural and remote community through their women-folk will be achieved through implementation of a trading/bartering system. This community development project is a long-term endeavour, focusing on setting in motion standards and principles for a healthy bartering/trading system for all possible services and products to be provided in a community.

Requirements:

The involvement in launching this stream will require project management, facilitation, education, community buy-in, and a stable environment. This must be supported by strong financial backing and professional services.

You can get involved by providing funding, professional related services, and technology.

Accountability:

Funders who invest a minimum of ZAR25,000 will be provided with an annual report on how the money was allocated, the success of the stream/s, and future improvements. Such funders will have access to view any of the streams in action. Donors are welcome to advise the accountability measures they will require, to ensure responsible and sustainable application.



Contact Details:

Kitty Narraidu

Contact Number: +27 73 536 5733

Email: kitty@optionsfoundation.org

Business Address: Old Trafford Office Park
Unit 9A
IPS Africa
Cnr of Leith & Trichardt Road
Bartlett
Boksburg

Registration No: 2018/502069/08

Banking Details:

The banking details will be provided upon request.

Our operating costs are R565 200 per annum